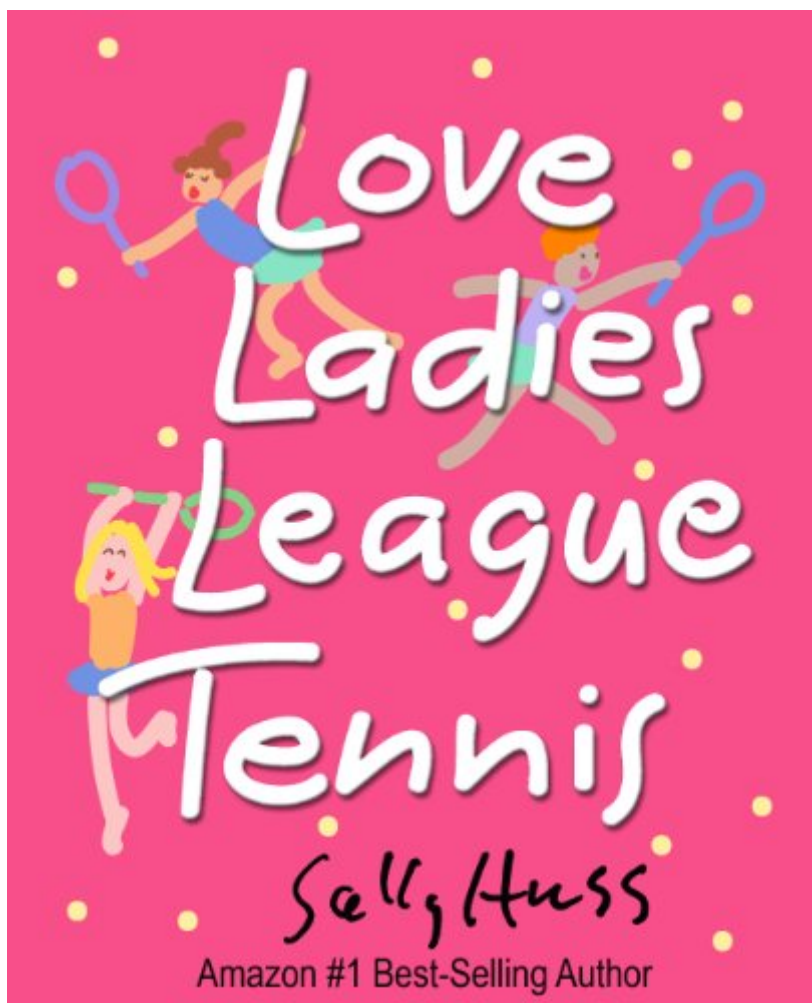


The book was found

Love Ladies League Tennis



Synopsis

Every week thousands of women across the country participate in ladies tennis league matches. From the least experienced tennis players to some of the most, all enjoy the friendly competition offered by league play. Fashion, food, and fun social interaction are all part of the morning's activities, besides the pure pleasure of running around a tennis court chasing a little yellow ball. Some of the finer points of league tennis are explained in this book and suggestions given. Balancing a team, choosing the right sides, court coverage, analyzing opponents, having the right attitude, expectations, and focusing are all covered in the most insightful and delightful way. League play offers more than just tennis. There are friendships to be made, exercise to be had, experiences and learning to be gathered; and no one leaves the court with less than love.

Book Information

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> Sports > Miscellaneous > Sports Psychology

Customer Reviews

Quick read of less than fifty pages, and a must for any female tennis player. Sally Huss is a talented children's book writer and a former tennis champion. In this short book, Huss explores league tennis, fashion, food, strategies, warming up, knowing your place, expectations, problem solving,

and focusing on the game. If you have any interest in tennis or know someone who does, this is a book you should definitely add to your collection.

I love ladies league tennis and I love this book about it. So many truths in it and reminders of what tennis is about -- fun. I hope many women who play league tennis get a chance to read this book. Perhaps it will help them get a gripe on what is important and not take the morning's game too seriously. Good job! Recommended

This was a lovely, entertaining and educational book for someone who is just starting ladies league (inter club) tennis. A reminder that while we take it seriously and want to do our best, it's also still the fun game of tennis.

Having played ladies' league tennis most of my adult life, I recognized several of the characters described in this fun read. I was also surprised to discover that I still have much to learn. Thanks for sharing your secrets Sally.

Ladies league tennis has a culture all it's own. Sally Huss presents this culture in way everyone can understand. It is an enjoyable read.

Great book! Very insightful!

cute but overpriced

Quick read. Some interesting tips that make sense.

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